

Media Kit: Activities

Five Miles of Sweeping Atlantic Beaches

Sun-seekers and beachcombers in Sea Pines stroll among seagulls, bike on beaches fringed with forests of towering pines and palmettos and gaze at spectacular purple sunsets.

Atlantic Ocean

Atlantic waters warmed by the Gulf Stream offer sailing, sea kayaking, surfing, body boarding, fishing, waterskiing and parasailing.

Biking

Sea Pines Resort boasts more than 14 miles of bike paths through moss-draped oaks and ancient magnolias. The five miles of unspoiled Atlantic beaches are a wonderful surfside alternative, and perfect for family bike rides. Beach-side bikers enjoy the majestic dunes, tranquil marshlands and lush thickets of oaks and palmettos, teeming with island wildlife.

Kayaking

Explorers paddle through an emerald prairie of waving grassland cut by winding creeks, while discovering rare wildlife. While gliding over the lagoons and creeks of Lowcountry tidal basins, they'll often encounter shellfish, sea birds and other marine life.

Horseback Riding

Explore the enchanted 605-acre Forest Preserve, which is one of the last remaining tracts of natural land on Hilton Head Island. Mounted atop champion horses, guests uncover the unique flora and fauna of the Lowcountry wilderness. Trails wander among old rice fields, a wildflower meadow, lakes, rookeries and swamps, leading to the 4,000-year-old Indian Shell Ring.

Loggerhead Turtle Search

With a combination turtle talk and beach walk, guests learn about the endangered Loggerhead Sea Turtle, nest sites, habitats and protection projects.

Crabbing

With the catch and release "Let's go Crabbing" program, guests roll up their dungarees and cast lines into the marsh. They attempt to lure Hilton Head

Island's largest and tastiest crab, the Blue Crab, before releasing their "prey" back into the water.

Alligator Adventure

On the lakes of the Forest Preserve, brave explorers on a jungle safari boat discover the American Alligator in its natural habitat. As a bonus, they also get a closer view of the abundant plant and animal life of the preserve.

Beach Discovery

A guided walk illustrates how the area's delicate ecosystem is maintained through the complex makeup of nature. Marine plants, animals and sea creatures — including dancing Atlantic Bottlenose dolphins — often make an appearance, showcasing the beauty of the coast.

Southern Hayrides

Daytime and evening tours explore the 605-acre Forest Preserve as guests journey past Heritage Farm, Old Lawton Rice Field and the Wildflower Meadow. Experience the splendor of the abundant plants and wildlife by day, and search for owls, alligators and other creatures by night.

Bird Watching

More than 130 species of birds make their home in Sea Pines Resort. Guests glimpse nearly every wading bird found in the United States, including great white herons and egrets. With their heads turned skyward they encounter the great horned owl, red bellied woodpecker, osprey and the Carolina chickadee, among others, as they soar overhead.

Fabulous Fishing

Offshore waters are teeming with grouper, Spanish mackerel, cobia, amberjack and red snapper. Inshore fly fishing among Lowcountry tidal basins yield redfish, ladyfish and flounder. Freshwater angling reels in crappy, bass, bream and catfish in Lake Mary and Lake Joe, located in the heart of the Forest Preserve.

Gullah Campfire Storytelling

During the summer months, guests are enthralled by stories from a native islander in the Forest Preserve, an evening which encompasses Gullah history, culture and songs. Roasted marshmallows and lemonade accompany fireside tales, as families learn about Gullah life from an authentic descendent of a West African plantation slave.

Boating

Charters offer a medley of maritime excursions including sunset cruises, sightseeing by sailboat and dolphin discovery. Guests watch as curious alligators lazily soak up the sun on lagoon banks while endangered sea turtles paddle nearby in the Atlantic.

Photography Clinic

Experienced photographers teach the fundamentals of capturing wild and untamed nature on film. Topics discussed include camera and lens, composition and how to better capture the serene Lowcountry landscapes on film.

Stoney-Baynard Ruins and Tour

From *Gone With The Wind* to *Cold Mountain*, the rich stories of the South intrigue history buffs and romantics. Guests explore the ruins of an 18th century plantation house and learn about the antebellum lifestyle and the role Hilton Head Island played in the Civil War.

Fitness Facilities

Located at the Plantation Club, the Fitness Center offers yoga, low impact aerobics, toning classes and Pilates. There are also treadmills, stair-masters, stationary bicycles, a rowing machine and weight equipment. Personal trainers are also available to guests.

Spa

Guests relax and rejuvenate at **Le Spa** and **Sanctuary**, which offer a full array of salon and spa services. Manicures, pedicures, facials and massages are all on the menu, with room-charging privileges available for guests of The Sea Pines Resort.

Smashing Tennis

Total of 23 Clay Courts

Led by former U.S. Open and Wimbledon champion Stan Smith, players take their pick of daily clinics, private lessons, round robins and “Little Tennis” for junior players.

Smith-Stearns Tennis Academy

One of the nation’s premier tennis academies, qualified instructors work with promising junior and young professional players on a personal level. They evaluate individual strengths, weaknesses, goals and ambitions to

achieve a player's maximum potential.

Summer Family Fun

Wildlife Discovery Series

Each week under the Liberty Oak in Harbour Town, a naturalist or biologist brings different Lowcountry wildlife creatures for a wild "show and tell."

Welcome Party

Get off to a great start or enjoy a memorable conclusion to a vacation with a fun-filled day at the Plantation Club pool, including food, music and games on Saturdays from 11 a.m. - 5 p.m.

Photo Scavenger Hunt

Lights, camera, action! Families photograph various sites around The Sea Pines Resort using clues provided by the Recreation Staff.

Scrapbook Making

Families preserve vacation memories in a handmade photo album.

Sea Pines Dig

Recreation Staff challenge families to dig for beach treasures and prizes.

Gyotaku

Guests create one-of-a-kind T-shirts using the ancient Japanese art form of fish rubbing.

Pottery Painting

Ceramics, paints and wild imaginations create special mementos that are glazed and fired for a lasting souvenir.

Hemp/Jewelry Making

Bracelets and necklaces are made out of natural twine and decorated with beads; a perfect compliment to a suntan.

Sand Dollar Painting

Guests bring part of the beach back home by decorating a preserved sand dollar.

Kite Making

For sky-high fun, guests make and personalize kites in a spectrum of colors.

Just For Kids

Harbour Town Pool Games

Games such as aqua-golf and ring toss in the Harbour Town Pool entertain for hours.

“Future Stars” Junior Golf Program

Conducted by PGA Golf Professionals for children ages 4-12, the program provides a fun introduction to the game with an emphasis on safety, etiquette, rules and fundamentals of golf.

Fun For Kids!

Under the direction of Gregg Russell, Fun for Kids! Is a summer day camp for children ages 4-12. Activities include swimming, bowling, putt-putt golf, beach games, dolphin discovery cruises, arts & crafts and more.

Terrific Teens

Scavenger Hunt

Teens and their newfound friends grab a Sea Pines Resort camera and use the trolley to complete an adventurous Photo Scavenger Hunt.

Kayak Discovery

Leaving the ‘rents behind, teens spend a secluded afternoon exploring the marshlands of Hilton Head Island, paddling kayaks and throwing cast nets while learning fun kayak safety skills.

Dive-In Movie

Summer nights for teens are never boring floating on a tube at the Harbour Town pool while watching a flick with the gang.

Adventure Island

Teens take a boat ride to a private island where kayaking, teambuilding activities and explorations await, all while learning more about the delicate coastal ecology.

Awe Inspiring Golf

Harbour Town Golf Links

Harbour Town Golf Links, perennially ranked as one of the nation’s finest courses, is home of the PGA Tour’s The Verizon Heritage. Luminaries such as Davis Love III, Arnold Palmer and Jack Nicklaus have all worn the coveted Tartan blazer awarded to the champion. Designed by Pete Dye in

consultation with Jack Nicklaus, the legendary 18th hole overlooks the Harbour Town Lighthouse and the Calibogue Sound.

Ocean Course

The first golf course built on Hilton Head Island stands as a true resort classic. Redesigned by Mark McCumber in 1995, the signature oceanfront 15th hole offers spectacular views of the sweeping Atlantic Ocean. Beginner Friendly certified in addition to being a Certified Audubon Cooperative Sanctuary.

Sea Marsh

Sea Marsh showcases the best of the Lowcountry as it meanders alongside tidal marshes and through lush oaks and pine woods laced with vast lagoons and cypress swamps. A “Mini-Marsh” layout with a junior set of tees is ideal for family play. Certified as Beginner Friendly in addition to being an Audubon Cooperative Sanctuary.

The Golf Academy of Hilton Head Island

The Golf Academy of Hilton Head Island includes instruction, driving ranges, two teaching tees, chipping area and practice bunkers.

Shopping

Island Shopping

Resort boutiques, specialty shops and art galleries feature everything from eccentric island crafts and John Stobart classic paintings to Vera Bradley accessories and Lily Pulitzer resort-wear, sandals and sunglasses.

Hilton Head Factory Outlets

More than 100 stores from Polo Ralph Lauren and Coach to Banana Republic and Gap offer deeply discounted designer clothing, jewelry and accessories for everyone in the whole family.