



HOT BREAKFAST

MONDAY-SATURDAY 7-11:30AM
SERVED ALL DAY ON SUNDAYS

On The Fly

EGG AND CHEESE SANDWICH ON A BAGEL OR CROISSANT
WITH CHOICE OF BACON OR SAUSAGE
WITH MEAT \$6.95 WITHOUT MEAT \$4.95

Southern Breakfast

TWO EGGS, ANY STYLE, SERVED WITH TOAST AND CHOICE OF
BACON OR SAUSAGE AND HOME FRIES OR CHEESE GRITS \$8.95

Hot Cakes

BANANA WALNUT PANCAKES \$7.95
BLUEBERRY PANCAKES \$7.95
GOLDEN FRENCH TOAST \$6.95
CLASSIC WAFFLE \$6.95

ABOVE SERVED WITH BUTTER AND MAPLE SYRUP
ADD WHIPPED CREAM, SLICED BANANAS,
OR STRAWBERRY TOPPING 95¢

Doris' Hash

CORNED BEEF HASH SERVED WITH TWO EGGS, ANY STYLE,
CHOICE OF TOAST \$7.95

Smoked Salmon Bagel

SMOKED SALMON WITH A TOASTED BAGEL
SERVED WITH CREAM CHEESE, DICED ONIONS,
TOMATOES, AND CAPERS \$9.95

Bakery Quiche

HAM & CHEESE QUICHE SERVED WITH FRESH FRUIT \$7.95

The Breakfast BLT

TWO EGGS OVER WELL, AMERICAN CHEESE, BACON,
LETTUCE, TOMATO, AND MAYO — SANDWICHED
ON TWO SLICES OF WHEAT TOAST \$7.95

Sides

ONE EGG	\$1.15	GRITS	\$1.83
TWO EGGS	\$1.95	HOMEFRIES	\$1.83
BACON	\$1.95	TOAST	92¢
SAUSAGE	\$1.95	ADD MEAT	\$1.50
FRUIT	\$2.95	ADD CHEESE	69¢
HASH	\$4.13	YOGURT	\$1.38



LUNCHTIME From The Grill

ALL SANDWICHES SERVED WITH A
CHOICE OF SIDE:
POTATO SALAD, PASTA SALAD,
MEDITERRANEAN SALAD, FRUIT,
OR POTATO CHIPS

Reuben

CHOICE OF PASTRAMI OR TURKEY WITH SWISS CHEESE,
SAUERKRAUT, THOUSAND ISLAND DRESSING ON GRILLED RYE
\$8.95

Chicken Quesadilla

GRILLED CHICKEN, MONTERREY JACK AND CHEDDAR CHEESE,
ONIONS & PEPPERS, SERVED IN A FLOUR TORTILLA
\$9.95

Adult Grilled Cheese

A TWIST ON THE CLASSIC GRILLED CHEESE WITH ADDED BACON
AND TOMATO SERVED ON GRILLED SOURDOUGH
\$7.95

Angus Burger

HALF-POUND BURGER SERVED ON A KAISER ROLL \$8.95
ADD CHEESE 95¢ ADD BACON 95¢

BBQ Pulled Pork Sandwich

PULLED BBQ PORK SERVED IN SAUCE ON A KAISER ROLL
\$8.95

The History Behind The Harbour Town Bakery Building



LONG BEFORE THE HARBOUR TOWN
LIGHTHOUSE WAS BUILT, ANOTHER LIGHT-
HOUSE USED TO STAND NEAR MID-ISLAND.
USED PRIMARILY AS A LOOKOUT FOR GERMAN
U-BOATS IN WW II, THIS BUILDING WAS THE
LIGHTHOUSE KEEPER'S COTTAGE. MOVED TO
ITS CURRENT LOCATION IN THE 60'S, A
STRANGE BLUE-ISH APPARITION SHOWED
ITSELF TO MANY LOCALS. NAMED "THE BLUE
LADY," SHE WAS OFTEN SEEN WANDERING IN
THIS BUILDING AND ALONG THE BANKS OF
THE SMALL TIDAL CREEK THAT RUNS BEHIND
THIS BUILDING.

Pizza

9 INCH CHEESE PIZZA SERVED WITH CHOICE OF TWO TOPPINGS:
BACON, HAM, PEPPERONI, PINEAPPLE,
SUN-DRIED TOMATOES, PEPPERS, OR ONIONS
\$7.95



MORE LUNCH From The Deli

The Club

TRIPLE DECKER WITH HAM, BACON, TURKEY, LETTUCE,
TOMATO, MAYO, AND AMERICAN CHEESE
SERVED ON WHITE OR WHOLE WHEAT TOAST \$9.95

BLT

BACON, LETTUCE, TOMATO AND MAYO
SERVED ON SOURDOUGH TOAST \$6.95

Build Your Own Deli Sandwich

CHOICE OF MEAT:
HAM, TURKEY, PASTRAMI, ROAST BEEF
CHOICE OF DELI SALADS:
CHICKEN SALAD, TUNA SALAD, EGG SALAD
CHOICE OF CHEESE:
AMERICAN, CHEDDAR, PROVOLONE, OR SWISS

CHOICE OF BREAD:
WHITE, WHEAT, RYE, WRAP, HOAGIE ROLL, CROISSANT
ADD YOUR OWN FIXINGS:
LETTUCE, TOMATO, ONION, CUCUMBERS, PEPPERS,
MAYO, AND MUSTARD
\$8.95

DAILY PANINI SPECIALS STARTING AT \$7.95 SOUP SERVED SEASONALLY

Kid's Cuisine

SERVED WITH CHOICE OF CHIPS OR FRUIT
AND A FOUNTAIN DRINK OR MILK
PB&J \$5.95
GRILLED CHEESE \$5.95
KID'S DELI SANDWICH \$6.95

50,000 Union Troops Occupied Hilton Head During The Civil War



DURING THE CIVIL WAR, UNION FORCES
REACHED 50,000 ON THE ISLAND. THE ISLAND
BECAME THE TRANSFER POINT FOR PRISONERS
OF WAR AND THE WOUNDED AS WELL AS
UNION SOLDIERS ON THEIR WAY TO BATTLE
AND TONS OF SUPPLIES. WHO KNOWS, YOU
MAY BE SITTING AND DINING EXACTLY WHERE
UNION TROOPS SAT DOING THE SAME THING
OVER 100 YEARS AGO!

FRESH BAKED GOODS



Muffins

BLUEBERRY, BANANA NUT, ORANGE CRANBERRY, PEACH, MORNING SUNRISE (CARROT CAKE), CHOCOLATE, RAISIN BRAN \$3.25

Filled Croissants

CHOCOLATE, STRAWBERRY AND CHEESE, BLUEBERRY AND CHEESE \$2.95

Blueberry Biscuits

\$2.25

Danish

APPLE, BLUEBERRY, CHERRY, CHEESE \$2.95



Cinnamon Buns

\$2.95

Sticky Buns

\$3.25

Jumbo Cookies!

\$2.95

Why Are The Crescent Moon & Palmetto On The S.C. Flag?



DESIGNED IN 1775 BY COL. WILLIAM MOULTRIE FOR THE REVOLUTIONARY COUNCIL, MOULTRIE PICKED THE CRESCENT MOON BECAUSE AT THAT TIME IT WAS BEING WORN ON THE FRONT OF THE S.C. MALITIA CAPS. AS FOR THE PALMETTO, IT REPRESENTED THE COLONIALS DEFENSE AGAINST THE BRITISH BY THE PALMETTO-LOG FORT ON SULLIVAN'S ISLAND NEAR CHARLESTON, S.C. DUE TO THEIR SPONGY NATURE, THE TRUNKS OF PALMETTO TREES WERE ABLE TO ABSORB CANNON BALL HITS WITH LITTLE OR NO DAMAGE AT ALL.

HOT & COLD BEVERAGES

Assorted Brewed Coffee

EUROPEAN SELECT, COLUMBIAN GOURMET DECAF, SOUTHERN PECAN, HAZELNUT \$1.95

Specialty Coffee

CAPPUCCINO, LATTE, MOCHA
SINGLE ESPRESSO / DOUBLE ESPRESSO (ADD 50¢)
ICED COFFEE \$2.95

COKE, DIET COKE, SPRITE, LEMONADE, ICED TEA \$2.25
SEA PINES BOTTLED WATER \$2.50
POWERADE, VITAMIN WATER \$2.95

Fruit Juice

V-8, APPLE, ORANGE, CRANBERRY GRAPE \$2.95



FROM THE GARDEN

Veggie Wrap

HONEY WHEAT WRAP, PILED HIGH WITH ROMAINE LETTUCE, SLICED TOMATOES, CARROTS, PEPPERS, ONIONS, CUCUMBERS, CHEESE. CHOICE OF DRESSING \$7.95

Big Garden Salad

CRISP ROMAINE LETTUCE, RED AND GREEN PEPPERS, BANANA PEPPERS, ONIONS, CARROTS, CUCUMBERS AND TOMATOES \$6.95

ADD CHICKEN SALAD, EGG SALAD OR TUNA SALAD \$3.00

Chef Salad

HAM, TURKEY, AMERICAN AND SWISS CHEESES, HARD BOILED EGG SERVED ON TOP OF A BIG GARDEN SALAD \$9.95

Caesar Salad

CRISP ROMAINE LETTUCE, TOSSED WITH CAESAR DRESSING, HERB CROUTONS AND PARMESAN CHEESE \$6.95

ADD GRILLED CHICKEN \$2.00

CHOICE OF DRESSINGS:

BALSAMIC VINAIGRETTE, RANCH, BLUE CHEESE, FRENCH, FAT FREE FRENCH, ITALIAN, FAT FREE ITALIAN, HONEY MUSTARD, THOUSAND ISLAND



Charles E. Fraser, Sea Pines Resort Founder

SEA PINES RESORT FOUNDER CHARLES E. FRASER HIGH-STEPPING WITH "ALBERT" THE ALLIGATOR AS SEEN IN MAGAZINE PICTURE CIRCA 1964. REGARDED AS A VISIONARY AND THE FATHER OF ENVIRONMENTALLY BASED DEVELOPMENT. HIS VISION, SEA PINES, HAS SINCE SERVED AS A MODEL FOR DEVELOPERS WORLD-WIDE. AS FOR "ALBERT," HIS DECENDENTS CAN STILL BE SEEN BASKING IN THE SUN THROUGHOUT THE RESORT.

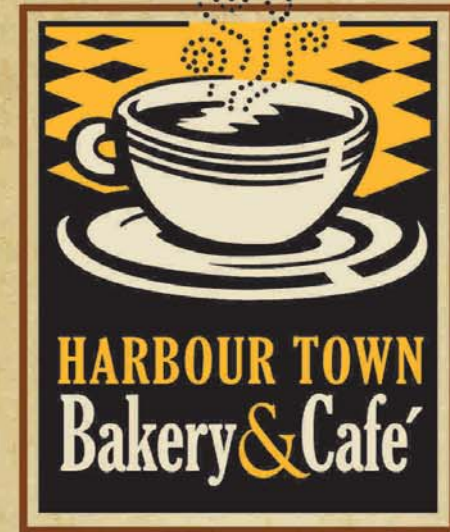
PLACE YOUR ORDERS IN ADVANCE

PHONE (843)363-2021

OR E-MAIL US AT: BAKERY@SEAPINES.COM

ORDERS OF 8 OR MORE MUST BE MADE
24 HOURS IN ADVANCE OF PICK-UP

140 LIGHTHOUSE ROAD, HILTON HEAD ISLAND, SC 29928



TAKE US WITH YOU ON YOUR NEXT OUTING, TO THE BEACH, ON THE COURSE, OR ON THE BOAT WITH OUR FRESH-MADE BOXED LUNCHES!



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